

# BAKERY MENU

## Baked Treats & Lunch Options

### MUFFINS

Blueberry Oatmeal

Cranberry Oatmeal

Peach Oatmeal

Raspberry Oatmeal

Cheese & Jalapeño

Blueberry Bran – *VEGAN FRIENDLY*

Carrot Raisin Bran – *VEGAN FRIENDLY*

Chocolate Zucchini – *VEGAN FRIENDLY*

Pumpkin Apple – *VEGAN FRIENDLY*

Very Berry – *VEGAN FRIENDLY*

Blueberry Lemon – *GLUTEN FREE FRIENDLY*

Cranberry Orange – *GLUTEN FREE FRIENDLY*

Raspberry – *GLUTEN FREE FRIENDLY*

### COOKIES

Chocolate Chip

Krispie Oatmeal Raisin

Peanut Butter – *GLUTEN FREE FRIENDLY*

Double Chocolate Brownie – *VEGAN FRIENDLY*

### OTHER BAKED TREATS

Banana Bread

Chocolate Banana Bread

Peanut Butter Oatmeal Bar

Butter Croissant

Chocolate Croissant

Double-Baked Almond Croissant

Fruit & Nut Pull Apart

Cheddar & Chive Savoury Scone

Buttermilk scone with cheddar cheese and fresh chives

Ham & Aged Cheddar Turnover

Butter puff pastry with aged white cheddar and ham

Spinach & Feta Breakfast Bun

Filled with spinach, scallions, feta and spices

Lemon Scroll

Delicious pastry layered with lemon zest sugar.

Butter Tart

JJ's favourite

Berries & Granola Yogurt Cup

Vanilla yogurt with raspberries and homemade granola

### SANDWICHES & WRAPS

Seasonal Offering

Our commissary bakery creates a new offering for each season, such as our Stout Braised Beef Sandwich, Poached Albacore Tuna Melt, Wild Salmon Power Slaw, and Tuscan Kale Salad.

Grilled Cheese & Tomato Sandwich – *VEGETARIAN FRIENDLY*

Garlic mayo, mozzarella cheese, cheddar cheese, and tomato on sourdough bread

Chicken Modena Sandwich – *REDUCED FAT*

Roasted chicken breast, balsamic caramelized onions, basil, tomato, mayo, and havarti cheese on artisan sourdough

Spicy Southwest Chicken Wrap

Spicy chipotle mayo, cilantro chimichurri rice, corn, black beans, tomato, jack cheese, and roasted chicken breast in a spinach tortilla

Casablanca Wrap – *VEGAN FRIENDLY*

Chermoula roasted cauliflower, lemon-herb couscous with plump raisins and chickpeas, cumin spiced butternut squash, and tahini dressing in a whole wheat wrap

Chorizo Breakfast Wrap

Chorizo hash, scrambled eggs, jack cheese, and cilantro-lime sauce in a tomato tortilla

Ranchero Breakfast Wrap – *VEGETARIAN FRIENDLY*

Spicy veggie hash, scrambled eggs, chipotle mayo, jack cheese, and cilantro-lime sauce in a chipotle tortilla