



# TORONTO FOOD MENU Housemade, fresh baked, daily

## MUFFINS

- Blueberry Bran – *VEGAN FRIENDLY*
- Carrot Raisin Bran – *VEGAN FRIENDLY*
- Chocolate Zucchini – *VEGAN FRIENDLY*
- Pumpkin Apple – *VEGAN FRIENDLY*
- Very Berry – *VEGAN FRIENDLY*
- Jalapeño & Cheese
- Cranberry Orange – *GLUTEN FREE FRIENDLY*

## COOKIES

- Chocolate Chunk
- Krispie Oatmeal Raisin
- Peanut Butter – *GLUTEN FREE FRIENDLY*
- Double Chocolate Brownie – *VEGAN FRIENDLY*
- Salted Caramel Crackle

## BAKED TREATS

- Banana Bread – *VEGAN FRIENDLY*
- Peanut Butter Oatmeal Bar
- Berries & Granola Yogurt Cup
- Blueberry Scone
- Chive & Cheddar Savoury Scone
- Butter Croissant
- Chocolate Croissant
- Double-Baked Almond Croissant
- Rhubarb Danish

## SANDWICHES & WRAPS

- Ham Breakfast Sandwich**  
Ham, cage-free egg, havarti, tomato, arugula, and garlic cream cheese spread on an English muffin.
- Breakfast Sandwich – *VEGETARIAN FRIENDLY***  
Cage-free egg, havarti cheese, tomato, arugula, garlic cream cheese spread on a whole-wheat English muffin.
- Grilled Cheese Sandwich**  
Mild and aged cheddar, tomato, and garlic cream cheese on our own housemade sourdough bread.
- Chicken Modena Sandwich – *REDUCED FAT***  
Roasted chicken breast, balsamic caramelized onion jam, havarti cheese, tomato, and basil mayo on our own artisan multigrain sourdough.
- Beyond® Breakfast Wrap – *VEGAN FRIENDLY***  
Soft tofu scramble, Beyond Meat® Italian Sausage Crumbles, potato red pepper hash, and mature cheddar-style vegan cheese in a whole wheat tortilla.
- Turkey Chorizo Breakfast Wrap**  
Turkey chorizo hash, cage-free scrambled eggs, jack, cheddar, habanero mozzarella, and cilantro-lime sauce in a tomato basil tortilla.
- Ranchero Breakfast Wrap – *VEGETARIAN FRIENDLY***  
Spicy vegetable hash, cage-free scrambled eggs, black beans, jack, cheddar, habanero mozzarella, chipotle mayo, and cilantro-lime sauce on a garlic and herb tortilla.
- Southwest Chicken Wrap**  
Chicken breast, white rice, corn, black beans, tomato, jack, cheddar, habanero mozzarella, chipotle mayo, and cilantro chimichurri in a spinach tortilla.