



TORONTO FOOD MENU Housemade, fresh baked, daily

MUFFINS

- Blueberry Bran – *VEGAN FRIENDLY*
- Carrot Raisin Bran – *VEGAN FRIENDLY*
- Chocolate Zucchini – *VEGAN FRIENDLY*
- Pumpkin Apple – *VEGAN FRIENDLY*
- Very Berry – *VEGAN FRIENDLY*
- Jalapeno & Cheese
- Cranberry Orange – *GLUTEN FREE FRIENDLY*

COOKIES

- Chocolate Chunk
- Double Chocolate Brownie – *VEGAN FRIENDLY*
- Ginger Molasses – *SEASONAL*
- Krispie Oatmeal Raisin
- Peanut Butter – *GLUTEN FREE FRIENDLY*
- Salted Caramel Crackle

BAKED TREATS

- Apple Butter Danish – *SEASONAL*
- Banana Bread – *VEGAN FRIENDLY*
- Belgian Chocolate Banana Bread – *VEGAN FRIENDLY*
- Berries & Granola Coconut Chia Cup – *VEGAN FRIENDLY*
- Berries & Granola Yogurt Cup
- Blueberry Scone
- Butter Croissant
- Chive & Cheddar Savoury Scone
- Chocolate Croissant
- Double-Baked Almond Croissant
- Double-Baked Belgian Chocolate Almond Croissant
- Peanut Butter Oatmeal Bar
- Rhubarb Danish

SANDWICHES & WRAPS

- Double-Smoked Bacon & Egg Breakfast Sandwich
Egg, Two-Rivers double-smoked bacon, medium cheddar, comeback sauce on english muffin.
- Veggie & Egg Breakfast Sandwich – *VEGETARIAN FRIENDLY*
Egg, roasted red pepper, tomato jam, arugula, havarti on whole wheat english muffin.
- Grilled Cheese Sandwich
Mild and aged cheddar, tomato, and garlic cream cheese on our own housemade sourdough bread.
- Chicken Modena Sandwich – *REDUCED FAT*
Roasted chicken breast, balsamic caramelized onion jam, havarti cheese, tomato, and basil mayo on our own artisan multigrain sourdough.
- Beyond® Breakfast Wrap – *VEGAN FRIENDLY*
Soft tofu scramble, Beyond Meat® Italian Sausage Crumbles, potato red pepper hash, and mature cheddar-style vegan cheese in a whole wheat tortilla.
- Turkey Chorizo Breakfast Wrap
Turkey chorizo, cage-free scrambled eggs, with cilantro-lime sauce in a tomato basil tortilla.
- Ranchero Breakfast Wrap – *VEGETARIAN FRIENDLY*
Spicy vegetable hash and cage-free scrambled eggs, with cilantro-lime sauce and chipotle mayo in a garlic and herb tortilla.
- Southwest Chicken Wrap
Chicken, white rice, black beans, corn, and tomato, with cilantro chimichurri and chipotle mayo in a spinach tortilla.